

Multiple Birth Association for WA



2024 Annual General Meeting

2024 Annual General Meeting

When 24 Jun 2024 at 19:30

Location: Agnes Walsh House, Agnes Walsh House, King Edward Memorial Hospital, Bagot Rd, Subiaco

Chairperson Jessica Vanspeybroeck

Minutes

1. Meeting Opened

AGM Opened 7:35pm

[AGM_powerpoint_2024.pptx.pdf](#)

2. Attendees

Attendees:

1. Jess V
2. Natalie T
3. Leah Plunkett
4. Katie Roberts
5. Kaye Ross
6. Tamarin Davy
7. Samantha Parke
8. Trish Lasauce
9. Hadife Birch
10. Alicia Edwards
11. Ailbhe McAlister
12. Manuela du Toit

Apologies:

1. Michelle (proxy to Jess)
2. Nicole (proxy to Nat)
3. Lauren Goldrick (proxy to Sam)
4. Larissa (proxy to Trish)
5. Laura (proxy Jess)
6. Chantelle Tilburne (proxy to Alicia)
7. Lauren Fleming (proxy to Chantelle; on forwarded to Alicia)

3. Approval of 2023 AGM Minutes

Move - Jess

Second - Kaye

Proposed the 2024 AGM meeting minutes to be approved in the July 2024 meeting.

 [2023_AGM_Minutes.pdf](#)

4. Treasurer's Report

We ended the 2023/2024 financial year with a net profit of \$94! This is the first time since 2020 that we have managed to raise enough funds to cover our expenses (with losses of \$1200 & over \$6000 previously) .

We raised over \$2,300 from raffles and \$800 from the Peg & Wise winery fundraiser combined (counting the expenses). Our pump hire is nearly a third of what it was last year which shows either a slow in need or a reduction in awareness. Hire generally remains consistent regardless of member numbers. Our membership income has remained steady from last year, generating around \$5,000.

For our events, we managed to keep the cost of both picnics down to \$3,630, while also raising \$1,200 (charged to ensure attendance). As noted last year, charging a ticket price was not done to make money, but to incentivise attendance.

Overall we ended with a bank balance of \$10,719.06.

 [April_FY_2024_-_Bank_Summary.pdf](#)
 [April_FY_2024_-_Balance_Sheet.pdf](#)
 [April_FY_2024_-_Profit_and_Loss.pdf](#)

5. Committee Report for 2023/2024 period

Hello & Welcome to the Multiple Birth Association of Western Australia's Annual General Meeting for 2023-2024. I begin tonight's meeting by acknowledging the Whadjuk Noongar people, Traditional Custodians of the land on which we gather, and pay my respects to their Elders past and present. I extend that respect to Aboriginal and Torres Strait Islander peoples here today.

This year we have worked hard to ensure we have continued to provide services to Western Australian multiple birth families. 2023/2024 was another year where we are hampered by the rising inflation and a cost of living crisis. We were lucky enough to have access to Agnes Walsh house. I want to thank King Edward Memorial Hospital for their ongoing support and for the use of our office space on Hensman Road and the storage space at O Block.

Before I commence the summary of our last 12 months, I want to sincerely thank the committee. So many of our committee members cover multiple positions so the association is able to provide some support for the soon to be, new and experienced multiple families. Everyone helps as much as they can with meetings, events and without the dedication of the current committee, the association may not have made it through another year.

The Association was fortunate enough to return to Agnes Walsh House for our meetings and events from February 2023. Throughout the 2023/2024 financial year, this move has significantly reduced our out-of-pocket expenses associated with hiring external facilities. Hadi has also made notable improvements to the submission of reports, streamlining our processes. Additionally, we successfully implemented a new online meeting option, Google Meet, which has further reduced our overhead expenses. These advancements have greatly benefited our operations over the past year, and we are optimistic about continuing this trajectory of efficiency and growth in the upcoming financial year. Thank you sooooo much to Hadi for being our amazing Secretary and for all the bits and pieces you pick up along the way. We are so incredibly grateful to have had you on committee for the years you've volunteered and we wish you and your family all the best in the future. MBAWA Committee won't be the same without you!

Hadi was also amazing in filling in for the vacant fundraising role for the past year. Our fundraising is a key aspect of helping keep MBAWA alive for our members. Hadi facilitated the photo days with Tia Johnson through her business, Moments by Tia. Fortunately, we were more successful with the weather this year, managing to have two successful days. Hadi also organised a successful Peg fundraiser just in time for Christmas, raising over \$400. This past year saw a Christmas Raffle, a Wise Winery passive fundraiser, and various fundraising activities at our Annual Picnic. Thank you for stepping into the fundraising role this year, Hadi. In total, your efforts brought in over \$2,275! We are incredibly grateful for all the fundraising opportunities you have managed over the last few years. Thank you, Hadi.

As of 15th June 2024, we have 218 members, including 3 associate members, 14 life members, 14 expectant members, and 187 regular members. Alicia has diligently served in the membership role for the past two years, also serving as the prem coordinator and expectant coordinator on the MBAWA committee previously as well. Managing memberships is an integral role, involving the management of our email database, Facebook memberships, coordination with ShopRite, and handling the advertising of renewals. After two years in the membership role, Alicia is handing over to Manuela and Chantelle. We are hoping to streamline memberships further with additional work with Tidy HQ and hopefully allowing members to join at a time that suits them. Fingers crossed this is something we accomplish in 2024/2025. Thank you, Alicia, for your outstanding contributions, and welcome Manuela and Chantelle to your new roles.

This year, we hosted three memorable events for our members. In May, we celebrated our 50th anniversary with a delightful high tea at Lavender's Bistro. It was a wonderful occasion that brought together life members, as well as past and present members, to commemorate our rich history. Kaye was integral to organising this wonderful event. In November 2023, we held our End of Year event at The Beach House, which was a fantastic way to close out the year. In April 2024, we enjoyed our Annual Picnic at Taylors Reserve in Victoria Park, where members gathered for a morning of fun and relaxation. A special thank you to Sam and Larissa for their excellent organising skills. We are lucky to have you!

This year, Tam has done an excellent job in the HR role. She advertised for new committee members on our Facebook page, resulting in the successful onboarding of several new members: Leah Plunkett as Secretary, Chantelle Lilburne and Manuela Du Toit as Membership Coordinators, Lauren Reeve as Coffee Group Coordinator, Katie Roberts as New Parent Coordinator, Donna Pritchard as Fundraising Coordinator, and Larissa Macpherson as Events Coordinator. Tam's efforts have been instrumental in strengthening our committee and ensuring we have a dedicated team to support our Association's activities. Thanks Tam and we look forward to you being our incoming Editor for next year!

Ed, our Dad's Contact, did a fantastic job organising an event for our dads this year. The "Dads' Night Out" event took place on Saturday, 3rd February, starting with some tenpin action at Rosemount Bowl, followed by food and drinks at the Rosemount Hotel. Although attendance was low, it was still a great night out and provided a wonderful opportunity for dads to connect and have fun. Ed is planning another event later in the year. Thank you, Ed, for bringing our dads together and creating these enjoyable experiences!

To make sure the dad's didn't get all the fun, Sam and Tam organised a fantastic Mum's Night Out last October. A big thank you to all the Mums who attended and to the dads, partners, carers, and babysitters who held the fort at home. Additionally, Katie organised another successful Mum's Night Out this past Saturday, continuing the tradition of these enjoyable gatherings. We hope to see these events continuing in future!

The association was able to host four expectant parent meetings over the last 12 months, welcoming approximately 20 families in preparation for their multiples arriving. Ailbhe has

done an outstanding job organising these meetings and providing support to our expectant parents. We have received positive feedback from our members, and we look forward to continuing these valuable sessions. Thank you, Ailbhe, for all your efforts and dedication to this role.

Stacey has been our New Parent Coordinator this year, with Katie joining the team midway through. It has been great having Katie on board, and we've been fortunate to have many families attend our events, especially the last one in May. Throughout the year, we held events at Agnes Walsh House, and the use of the same day for both expectant and new parent sessions is working out well. Hopefully, expectant parents can find hope and encouragement from seeing the new parents attend meetings with their little babies. We are sad to say bye to Stacey, who will be leaving the committee, and Katie is moving to the Executive team to become the HR Coordinator. Thank you both for your tremendous efforts as New Parent Coordinators.

Since taking on the role of Editor in May 2023, Michelle has published 13 newsletters for MBAWA, with the 14th edition coming in June. Alongside our social media communication channels, the newsletter has maintained a loyal audience and serves as a valuable source of information for our members. This year, Michelle made key changes to simplify the newsletter template, adopting a neutral color scheme and overall theme. She expresses gratitude to everyone who contributed updates, events, discount offers, articles, and inspiration throughout the year. Despite the challenges of juggling family life and a demanding full-time job, Michelle has done an exceptional job. She is now handing the role back and wishes the next Editor and the new Committee all the very best. Thank you, Michelle, for your dedication and hard work.

This year, our Discounts Coordinator, Trish, has secured five new deals for our members. Trish collaborated with our social media team and Editor to effectively advertise these discounts online and in our newsletter. The new deals include:

- Buy one get one free at Koalas Playcentre,
- 2-for-1 entry and \$7 entry for subsequent children at Lollypops Play Centres across WA,
- Discounted rates at Gymbaroo Subiaco and Booragoon
- 15% discount at Hire for Baby & Baby Restraint Fitters Joondalup
- Half-price entry at Littleland

Thank you, Trish, for your hard work in providing these valuable discounts for our members. We look forward to having Trish join our Exec as our incoming Secretary.

Our higher order multiples Coordinator Laura Sarubin has supported several families who have welcomed their higher order multiples. Laura has hosted family picnics and mums dinners to better support these families. There has been an expression of interest in the dads arena, so watch this space. Thank you Laura for supporting our higher order multiple families.

Nicole came back to the committee this year, filling the social media role. She's been fantastic with our Facebook page with so many posts to engage our members over the last few months. Also, a big shout-out to all those who scheduled posts on our social media pages while we were without a social media coordinator. Special thanks to Hadi for growing our public page numbers with a few viral memes!

In February 2024, we welcomed Lauren as our coffee group coordinator. Coffee groups aim to set up and build connections for families with multiples in local areas. Thank you, Lauren, for volunteering in this position and we look forward to her continuing in the role for 24/25.

In her hire role, Kaye managed the hire of 3 pumps out of 17, 3 breastfeeding pillows, and 4

bottle-feeding pillows. She proposed selling 7 pumps for approximately \$100 each due to reduced demand and membership. Kaye also coordinated the testing of 16 pumps by Tagsafe Electrical and handled the sale of 8 entertainment apps. Additionally, she helped with the April Picnic by sorting materials and equipment, arranging for equipment to be moved from the storage room to the demountable for easy access, and contacted Google Maps to update our office location.

In her role as hospital coordinator, Kaye was instrumental in celebrating the Association's 50th Anniversary. She sent emails to politicians and met with local and federal representatives to discuss potential grants, although the applications were not successful. Kaye booked Lavender Bistro for the anniversary celebration, organised decorations, and managed invitations, resulting in a successful event with 29 attendees. Despite the sad passing of our founding member Conny Roepen, Kaye ensured a touching tribute was made to her family.

Kaye has also been actively involved in community outreach, delivering pamphlets to various hospitals, child health centres, and doctors. She continued to respond to numerous requests for help from mothers with new twins and triplets, coordinating assistance from volunteers and grandmothers. Kaye helped at the Annual Picnic, New Parent Morning Teas, and attended the Christmas event at The Beach House. She also suggested a potential fundraising dinner with Chad Tilbury, head chef/lecturer at Joondalup TAFE training centre.

Kaye has continuously promoted the Association, updating Connect Groups with current information and advocating for simplified insurance policies to ensure fiscal responsibility. Thank you, Kaye, for not only your committee roles but also your support for every event that we hold and for advocating for the Association.

I would also like to extend my thanks to:

Kat Holley for being the Special Needs Coordinator and the Multiples in School contact

Kelly Munro for being the Bereavement Contact

Jennifer Moore as our country contact

We thank you for being in the background as our contacts in these important positions and wish you all the best in the future.

Our association is only possible because of the mums and dads who volunteer their time to support the multiple families of Western Australia. This year has been difficult in getting engagement and member support, and I am grateful for the committee we have on board. Thank you to our members. Even if you only engaged with us for the End of Year or Annual picnic events, your membership helps us support all of our members, and your show of support at the events shows other multiple families that they are not alone. Thank you for attending events, sharing our fundraising efforts, and engaging with us. You are what makes the Multiple Birth Association of Western Australia special.

Thank you for allowing me to be President; I am grateful to be handing this over to Kylie, who I'm sure will do an amazing job.

6. Election of Committee

Kylie Carrabba - President

Trish Lasauce - Secretary

Leah Plunkett - Treasurer

Katie Roberts - HR Coordinator

Tillie Lilburne / Manuela du Toit - Membership Coordinators

Tamarin Davy - Editor

Laura Sarubin - HOM Coordinator

Ailbhe McAlister - Expectant Parent Coordinator

Kaye Ross - Hospital Coordinator

Lauren McGoldrick - Coffee Group Coordinator

Samantha Parke - Social Event Coordinator

Ed Heydon - Dad's Contact

Nicole Perera - Social Media Coordinator

Kaye Ross - Rooms Coordinator

Larissa Macpherson - Advertising & Discounts Coordinator

Attendees agree with positions for 2024/2025.

7. Shining Stars / Life Member

Shining Star (Committee): Katie Roberts / Samantha Parke

Shining Star (Member): Leah Plunkett

Life Member: Alicia Edwards

8. Special Resolution - Update to Constitution

General Changes

- The Association's name is the Perth & Districts Multiple Birth Association Inc
- Simplified wording
- Removed position descriptions as this is not the purpose of the constitution
- Removed reference to common seal (not a requirement)

Changes made to align with the Associations Act which was updated in 2015;

- Updated the register of members and inspection of records
- Resolving disputes added
- Mediation sections added
- Percentage (from number) of members who can request a special general meeting
- Minutes to be confirmed in the subsequent general meeting
- Control of funds section added

Changes to improve the operations of the Association;

- Remove the number of times the newsletter is issued
- Membership shall be from date of joining or as decided by the committee
- The executive is now 5 members and not 4 (changed to reflect current structure)
- Voting for the election of committee members
- Removed duplicate reasons why committee members can be removed
- Ability to bring in external bodies for subcommittees
- Minutes don't need to be kept in a minute book

 [MBAWA_Constitution_2024_UPDATED.docx](#)

Decision

All members in attendance approved the amendment to the constitution

Tasks

- Submit the constitution to DMIRS
Assignee: Vice President (President & Vice President)
Due date: 05 Jul 2024

9. General Business

Samantha Parke acknowledging the members support for Jess, President and Natalie, Vice-President, commitment over the past two years.

10. Meeting Close

Meeting closed 8:28pm.

End of minutes.

Summary of matters arising are tabled on the following page.

Minutes of 2024 Annual General Meeting on 24 Jun 2024

Summary of Matters Arising

Decisions

Item Decision

- | | |
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| 8. | All members in attendance approved the amendment to the constitution |
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Tasks

Item	Task	Assigned to	Due date
8.	Submit the constitution to DMIRS	Vice President (President & Vice President)	05 Jul 2024

Summary of Attachments

Attachments

Item File Name

- | | |
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| 1. | AGM_powerpoint_2024.pptx.pdf |
| 3. | 2023_AGM_Minutes.pdf |
| 4. | April_FY_2024_-_Bank_Summary.pdf
April_FY_2024_-_Balance_Sheet.pdf
April_FY_2024_-_Profit_and_Loss.pdf |
| 8. | MBAWA_Constitution_2024_UPDATED.docx |

Attachments can be found under your TidyHQ admin account at:
Storage > Meetings > [2024 Annual General Meeting](#)